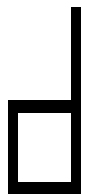
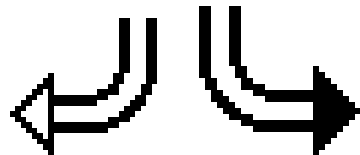
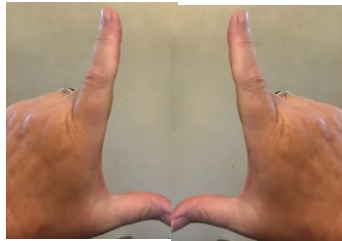
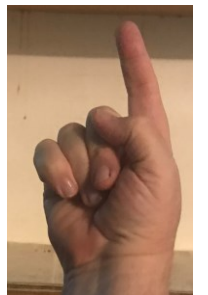
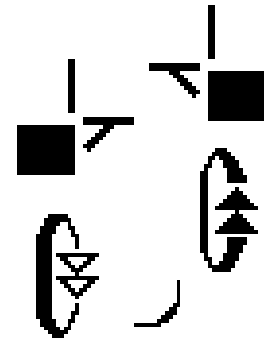
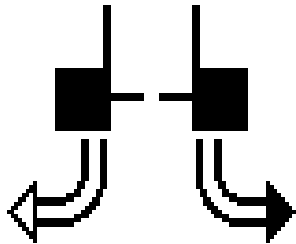
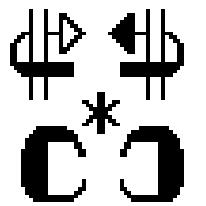
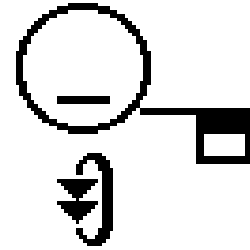
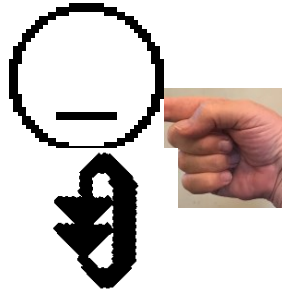
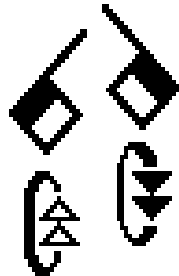
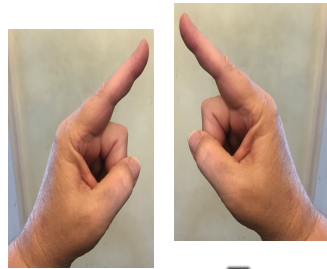
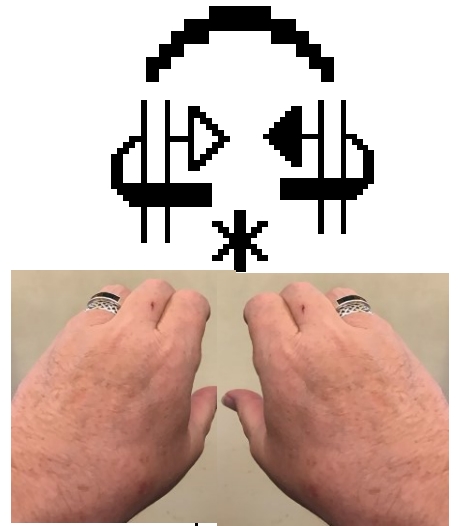
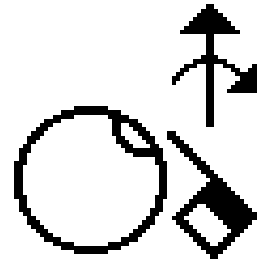
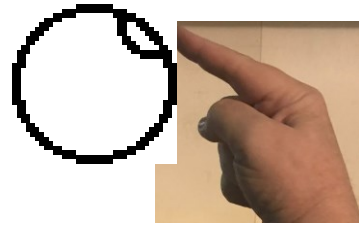
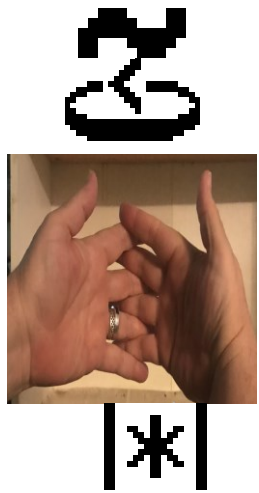


“American  
Sign  
Language  
for  
Hearing  
People –  
Class  
1”



# Expressive Video & Photography

## ***Expressive Video***

A literature review across multiple sign languages shows that most Instructional videos in most sign language training is by RECEPTIVE video – watching another signer. We use EXPRESSIVE video over the shoulder of the signer. The knitting photos show the difference between DEMONSTRATION (exhibiting a skill) and INSTRUCTION (showing the hands as seen by the signer)

## RECEPTIVE VIEWPOINT

(The knitting instructor demonstrates the work in progress to the observer)



Download from  
Dreamstime.com

© iStockphoto  
www.istockphoto.com

## EXPRESSIVE VIEWPOINT

(The knitting instructor demonstrates the actual technique sitting alongside the student so that their hands are parallel to the student.)



<https://www.pinterest.com/tammiw16/ruffle-scarf/>

## ENGLISH

ENGLISH and other spoken languages uses words broken up into letters to show how to speak the language. A, B, C. (alphabet) Although phonics (fah-nix) is not perfect, the written word is based on the spoken word. Each letter has one position and is written left-to-right with grammatical rules.

## SIGN LANGUAGE

Sign language is based on signs that are made up of Handshapes, Orientations, Locations, Movements, Expressions, and Speed (HOLMES). It is not ENGLISH on the hands, it is not a hand-Braille, it is a distinct language with its own rules. Although ASL does have handshapes that are assigned to English letters, there are many more shapes than letters & numbers.

ENGLISH (A, B, C)

A-M-E-R-I-C-A-N

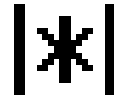
An English word  
designating a person from  
the Americas or a citizen of  
the United States.

This is a string of English  
sounds spoken  
sequentially.

## SIGN LANGUAGE (HOLMES)



Two open five hands (HANDSHAPE),  
palm facing the reader and pointing  
toward each other (ORIENTATION)



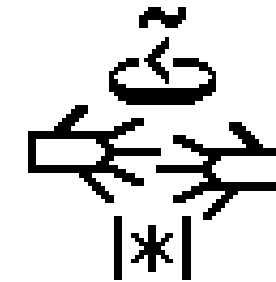
Hands intertwine with each other  
and touch in-between (LOCATION)



Both hands rotate in a circle forward  
on the same path. (MOVEMENT)



Held open in tension (like a picket  
fence) (EXPRESSION).no (SPEED)



Everything happens at once. Sign Language is not  
English.

# Handshape, Orientation, Location, Movement, Expression, Speed (HOLMES)


## HANDSHAPES (H) (in this lesson)

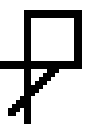
 1-HAND / INDEX


 X-HAND / CROOKED INDEX

 2-HAND / INDEX/MIDDLE OPEN

 U-HAND / INDEX MIDDLE CLOSED

 3-HAND / INDEX MIDDLE THUMB OPEN

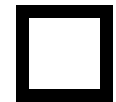
 P-HAND / INDEX MIDDLE, THUMB CROSS

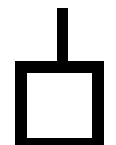
 4-HAND / FOUR FINGERS SPREAD, THUMB ACROSS PALM

 5-HAND / FIVE FINGERS SPREAD

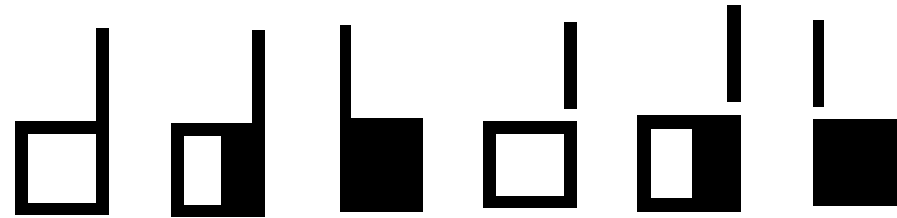
 FLAT-HAND

 L-HAND / INDEX THUMB STRAIGHT

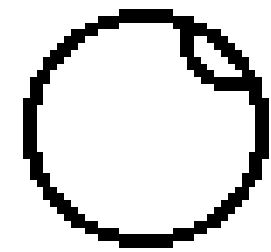
 FIST

 10-HAND / FIST PLUS STRAIGHT THUMB

## ORIENTATION (O)



## LOCATIONS (L)



FACIAL CIRCLE

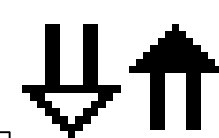


TOUCH

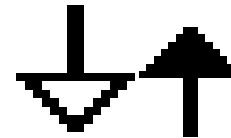


RUB

## MOVEMENT (M)



WALL



FLOOR



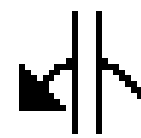
SQUEEZE



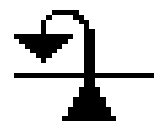
CIRCLE FORWARD



CURVE FORWARD / BACK



CURVE FORWARD FLIP



CURVED UP / FORWARD FLIP

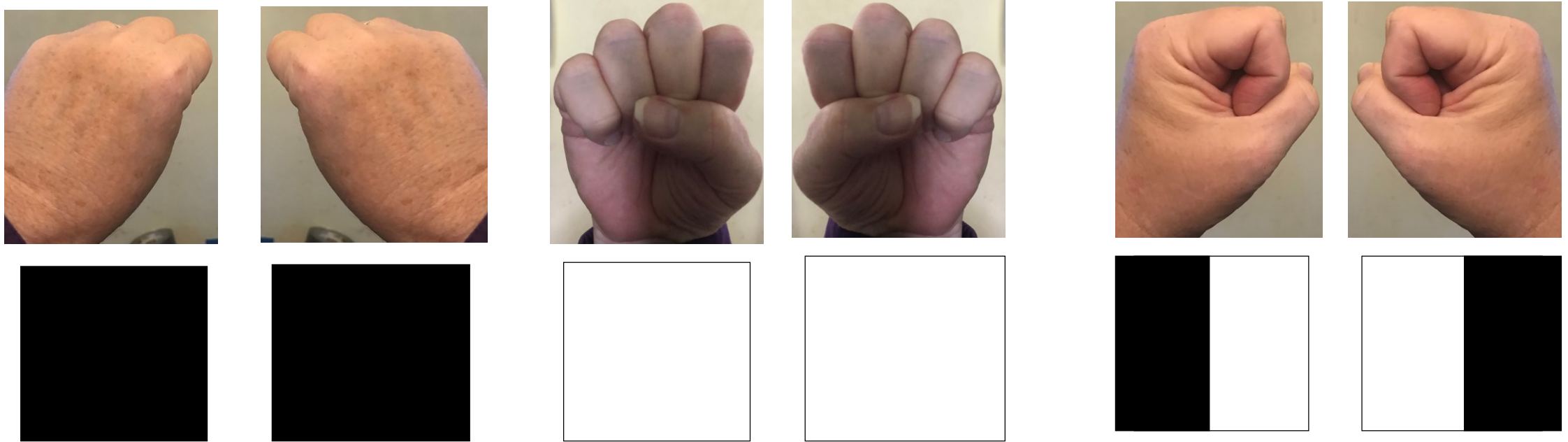
EXPRESSION (E) & SPEED (S)



TENSION

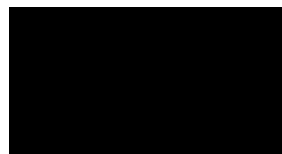
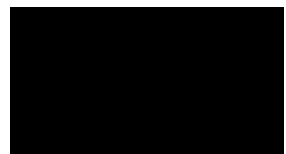
# SignWriting<sup>®</sup>

SignWriting<sup>®</sup> cueing is being able to tell two things apart by small differences.  
Sign languages are based on telling signs apart by small differences.



A black square is one difference from a white square. A white square is two differences from a black and white square. This handshape is a FIST, first away from you, then toward you, then half way.

# SignWriting<sup>®</sup>



The hand is now flat pointed *AWAY* and *DOWN*, then *AWAY & UP*, then *HALFWAY*. The hand is split at the knuckles to show perspective.



# Signs Using - FIST – “S” Fingerspelling

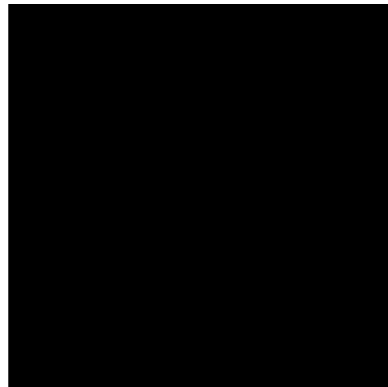
Letter “S”

LEFT Hand FIST Faces FORWARD

LEFT Letter “S” Fingerspelling

RIGHT Hand FIST Faces FORWARD

RIGHT Letter “S” Fingerspelling

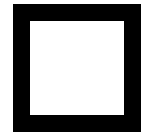


Draw BLACK SQUARE  
for RIGHT Hand



Draw BLACK SQUARE  
for LEFT Hand

# Signs Using



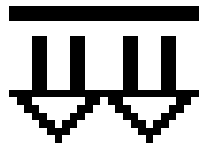
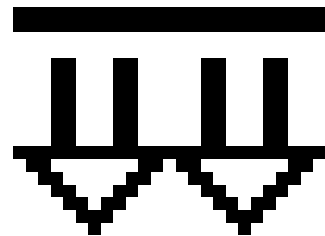
- YES



YES

LEFT Hand FIST Faces FORWARD

Left Hand FIST nods DOWN from wrist twice



Write BLACK square for BACK of hand. Then draw two-WHITE double-line DOWN arrows with a line for bend from the wrist.

RIGHT Hand FIST Faces FORWARD

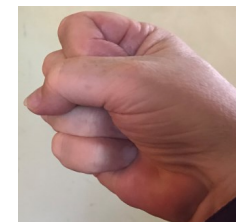
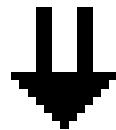
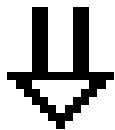
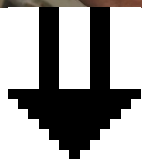
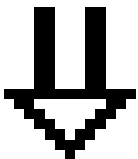
Right Hand FIST nods DOWN from wrist twice



Write BLACK square for BACK of hand. Then draw two-WHITE double-line DOWN arrows with a line for bend from the wrist.

# Signs Using - CAN / MILK

CAN		MILK	
Two-handed sign		LEFT Hand Faces RIGHT	RIGHT Hand Faces LEFT
LEFT Hand Fist Faces FORWARD	RIGHT Hand Fist Faces FORWARD	Left Hand squeezes twice	Right Hand squeezes twice

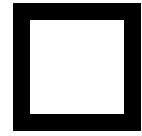


Both hands move DOWN in parallel paths. Double-lined arrows BLACK for LEFT hand, WHITE for RIGHT HAND. Arc means the move at the same time.

Draw square with back of hand BLACK to LEFT and split to show perspective. Add two BLACK DOTS to show squeeze.

Draw square with back of hand BLACK to RIGHT and split to show perspective. Add two BLACK DOTS to show squeeze.

# Signs Using



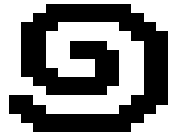
-

COFFEE

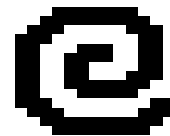
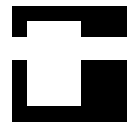


LEFT-Hand S-hand Primary, Fist faces AWAY from signer and turned signer on edge turned 90 degrees toward RIGHT.  
stacked on top of Right S Hand 90 degrees toward LEFT  
LEFT HAND S rubs counter-clockwise forward  
on top of LEFT-HAND S.

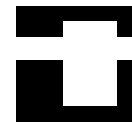
RIGHT-Hand S-hand Primary, Fist faces AWAY from signer and turned signer on edge turned 90 degrees toward LEFT.  
stacked on top of LEFT S Hand 90 degrees toward RIGHT  
RIGHT-HAND S rubs clockwise forward on top of LEFT-HAND S.



This is a RUB. The hands stay in contact and rub around.



This is a RUB. The hands stay in contact and rub around.



REVIEW – Sign & Write 5 times



“S”

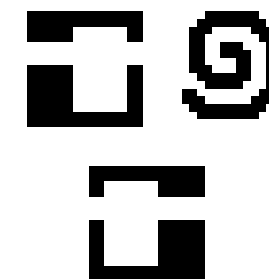
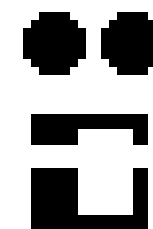
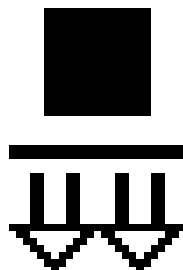
YES

CAN

MILK

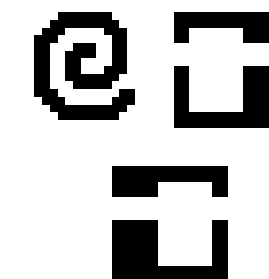
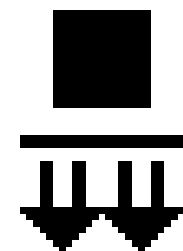
COFFEE

LEFT HAND  
PRIMARY

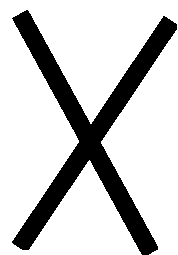
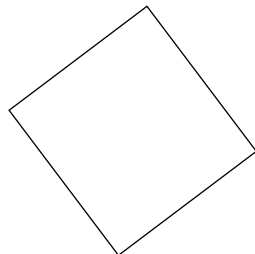


BOTH  
HANDS

RIGHT HAND  
PRIMARY



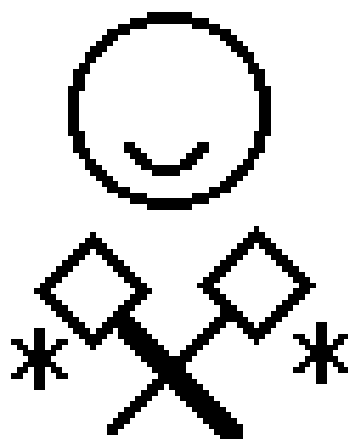
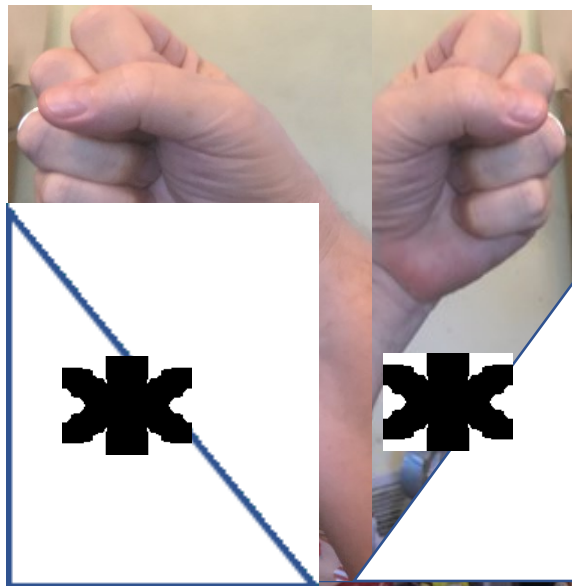
Signs Using



= LOVE



RIGHT FIST facing SIGNER  
rotated  $\frac{1}{4}$  LEFT, LEFT FIST facing  
SIGNER rotated  $\frac{1}{4}$  RIGHT. ARMS  
ARE CROSSED pressing touching  
chest (OPTIONAL) (add smile)



Draw CROSSED ARMS  
and write RIGHT  
WHITE SQUARE  
turned  $\frac{1}{4}$  left to top of  
arm on left. The  
RIGHT ARM is shown  
darker to indicate  
that it is closer to th  
reader. Draw LEFT  
WHITE SQUARE  
turned  $\frac{1}{4}$  PLUS (+)  
sign to indicate whole  
sign is pressing chest.  
ADD Optional facial

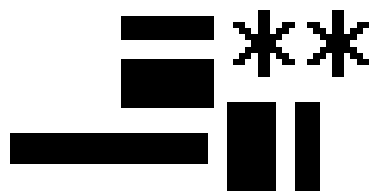
# Signs Using - WORK

WORK

LEFT FIST touches RIGHT top of WRIST twice.




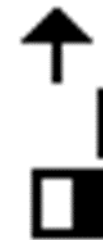
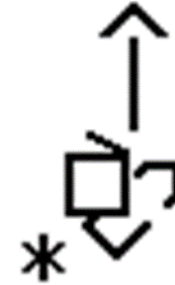
RIGHT FIST touches LEFT top of WRIST twice.



Draw RIGHT hand as BLACK square split away from speaker, above line for RIGHT arm. RIGHT hand square pointed left. Add two TOUCH stars.

Draw LEFT hand as BLACK square split away from speaker, above line for right arm. RIGHT hand square pointed left. Add two TOUCH stars.

Sentences Using -  - Sign, Read, and Write





# The Index Finger – Vertical / Wall Plane

This lesson uses one handshape – the index finger.

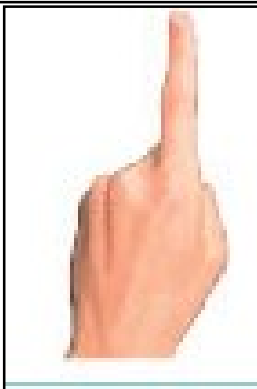
You are looking at your own hands to compare with the image.



Left Index  
Palm  
toward you



Left Index on  
edge  
pointed up.



Left Index  
Palm away  
from you



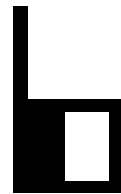
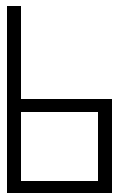
Right Index  
Palm away  
from you



Right index  
on edge  
pointing up



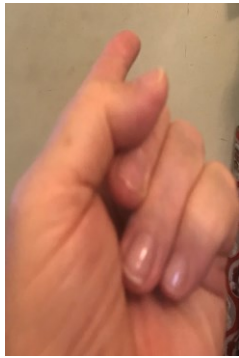
Right Index  
Palm  
toward you



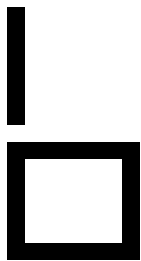
# The Index Finger – Floor Plane

This lesson uses one handshape – the index finger.

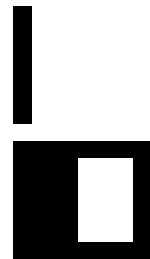
You are looking at your own hands to compare with the image.



Left Index  
Palm UP  
forward



Left Index on  
edge UP  
forward



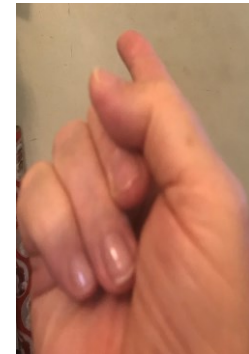
Left Index  
Palm  
DOWN  
forward



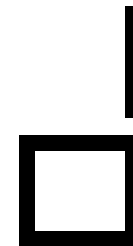
Right Index  
Palm DOWN  
forward



Right index  
on edge UP  
Forward



Right Index  
Palm UP  
forward



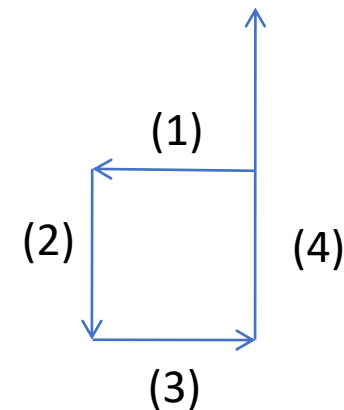
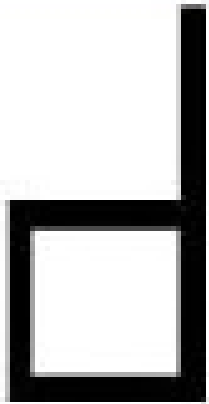
# The Power of One – Slide 1



**ONE**

□ We start with the right index finger, palm facing you pointing up. This is the sign for 1 (one). ***Sign this five times.*** This is your right hand signing.

□ Write this 5 times as a white square showing the palm is facing you with a line for the index finger.

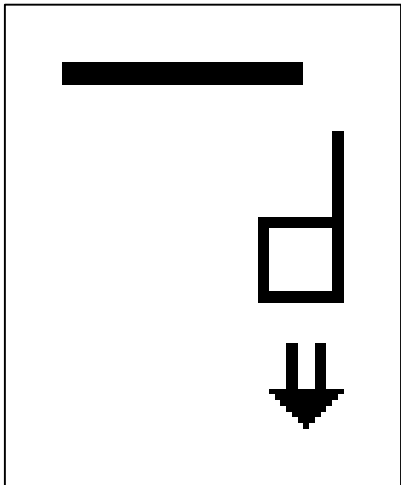
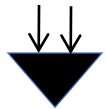


# The Power of One – Slide 2

## PERSON

☐ The RIGHT index finger has moved over to the right side and moves down. This is the sign for “person,” meaning the person signing.

**(Sign this five times.)**



(2) Location - shoulder  
(thick) line



(1) Draw the hand first (Hand-Orientation, right index palm facing front, pointing up)



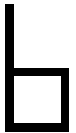
(3) Then the Movement arrow  
(dark arrow means right hand)

**(Write this five times.)**

# The Power of One – Slide 3



~



## OTHER PERSON

(1) Draw the LEFT hand first  
(Hand-Orientation, left index  
palm facing front, pointing up)

(2) Location - shoulder (thick) line  
– (in front of left shoulder)

(3) Movement, down  
left arrow is white.

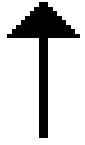
(4) Expression movement  
with emphasis shown by  
tilde (~)

☐ The LEFT index finger  
moves down with emphasis.  
This is another person you  
are talking about. (NOTE,  
both hands for ASL are part  
of the grammar. They  
indicate primary self and  
other)

***(Sign this five times)***

***(Write this five times)***

# The Power of One – Slide 4

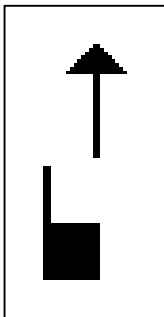


## PERSON MOVES FORWARD

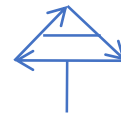
Single-stemmed arrow means forward, dark arrow is RIGHT hand.



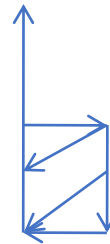
Back of RIGHT hand is drawn dark



□ The RIGHT index hand pointing up moves forward away from the speaker.



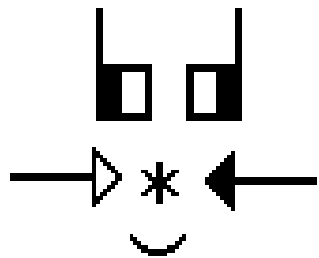
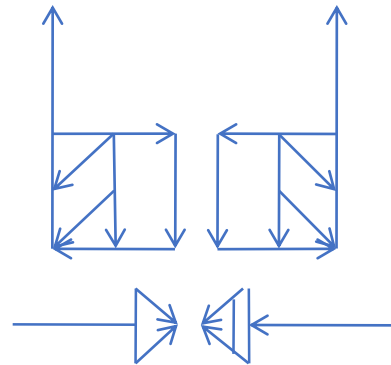
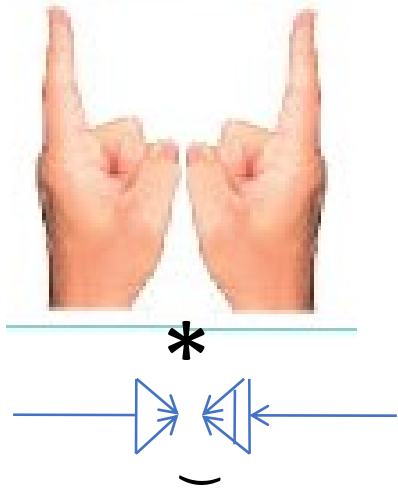
*(Write this five times)*



Draw

# The Power of One – Slide 5

## TWO PEOPLE MEET



*(Write this five times)*

□ The LEFT and RIGHT index fingers turn to the side and move together at the same time.

The hands are half-dark, half-light. The dark half is the back of the hand.

The star means they touch, the single arc underneath means they move at the same time.

# Review – Left and Right

ONE

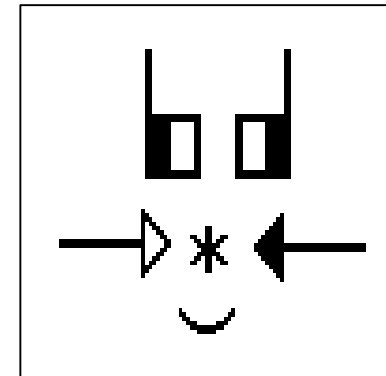
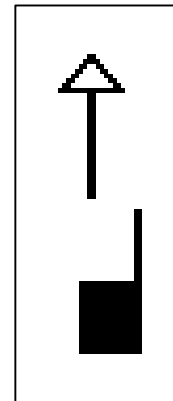
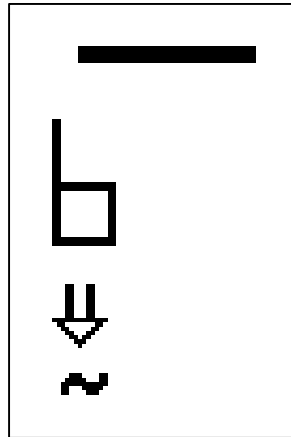
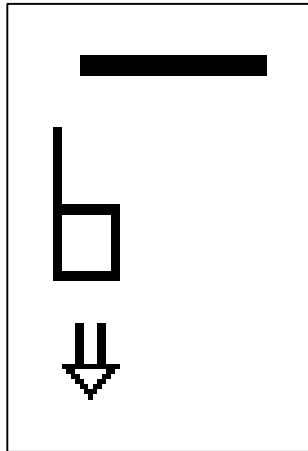
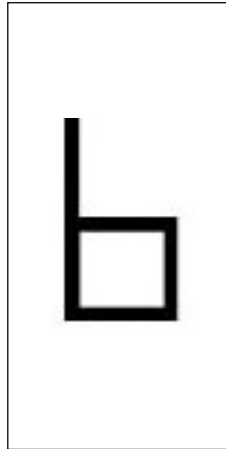
PERSON

OTHER  
PERSON

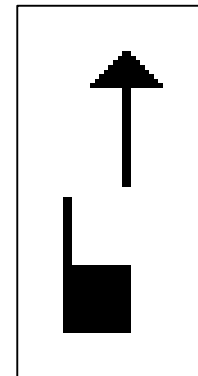
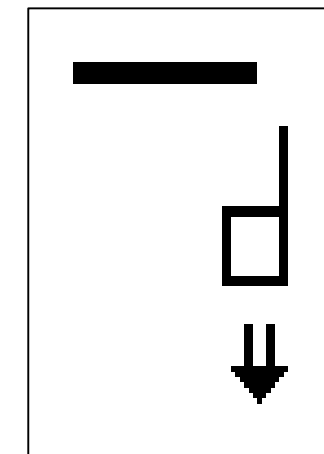
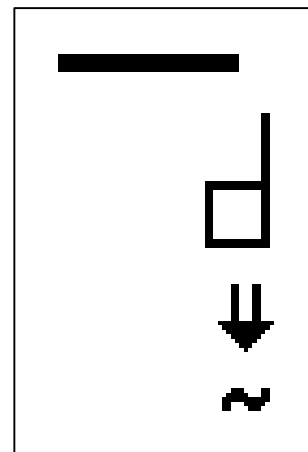
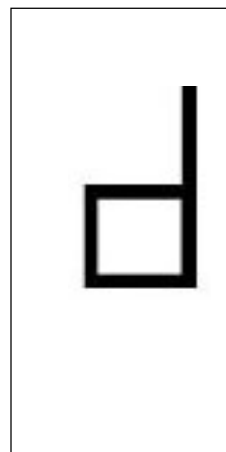
PERSON  
MOVES  
FORWARD

TWO PEOPLE  
MEET

**LEFT  
HAND  
PRIMARY**



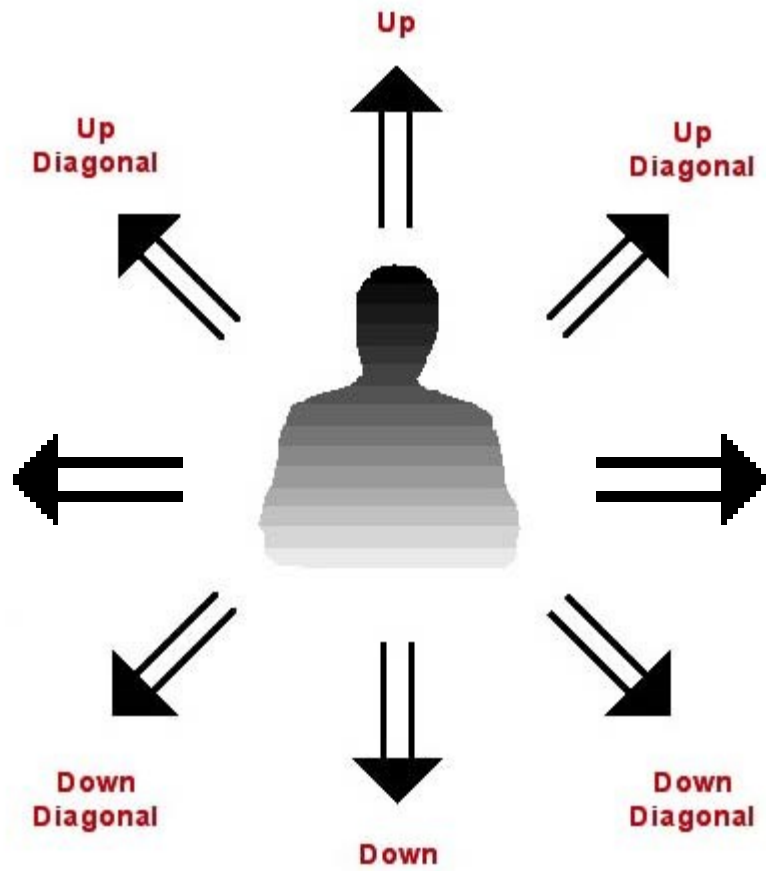
BOTH  
HANDS



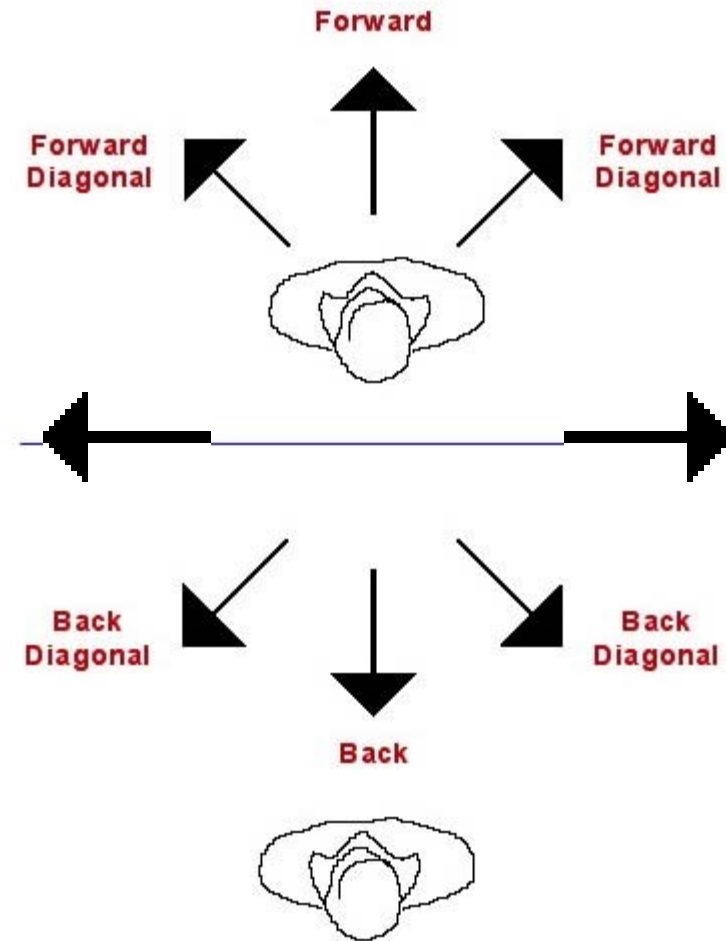
**RIGHT  
HAND  
PRIMARY**



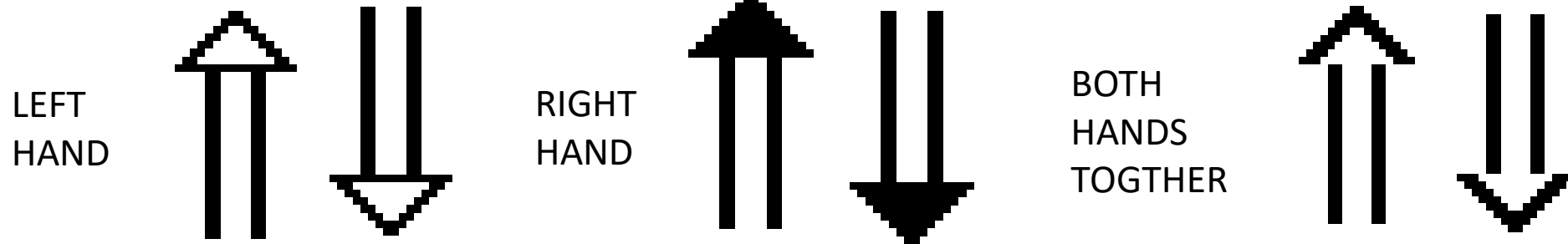
## Up-Down Movement



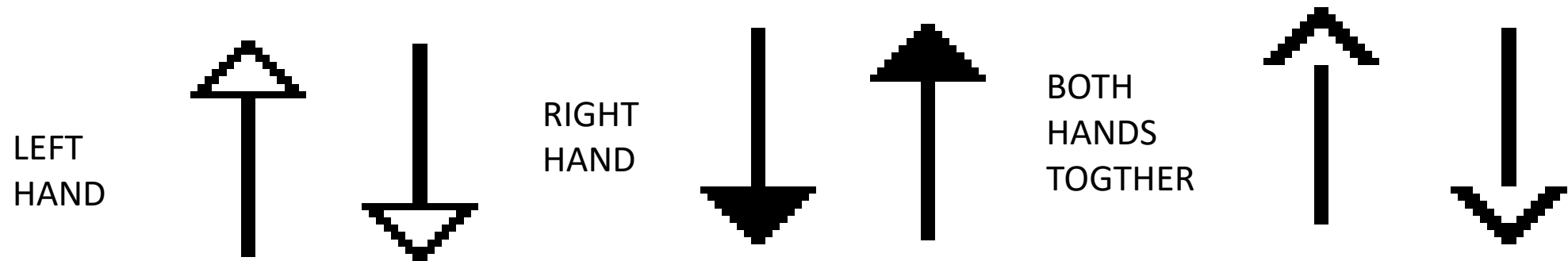
## Forward-Back Movement



# Movement Up & Down (Double-Stemmed Arrows)

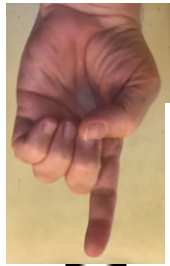


# Movement In & Out (Single-Stemmed Arrows)

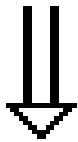
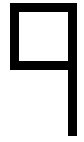


# Movement Up & Down (Double-Stemmed Arrows)

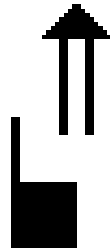
LEFT  
HAND  
INDEX  
pointed  
down



DOWN

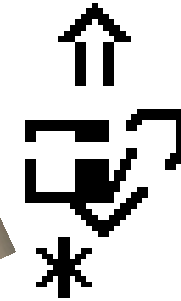
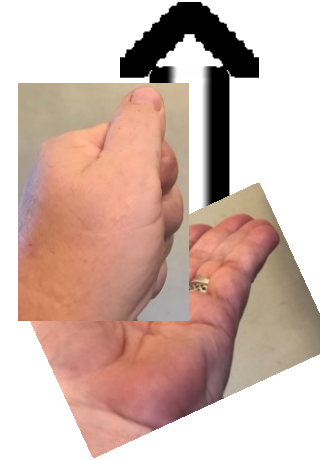


RIGHT HAND  
Index away from  
signer UP



UP

BOTH  
HANDS  
TOGETHER.  
Left hand  
A forward,  
right hand  
FLAT UP



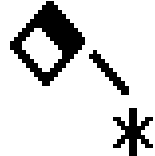
HELP

# Movement In & Out (Single-Stemmed Arrows)

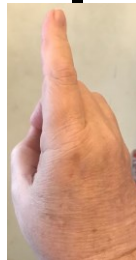
LEFT  
HAND  
index  
pointed  
toward  
signer.



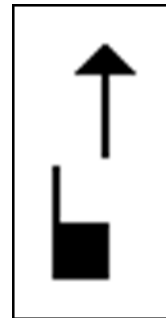
ME



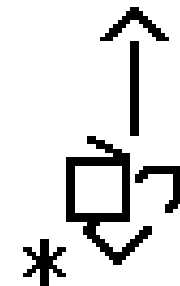
RIGHT  
HAND  
back to  
signer  
moving  
forward



Person moves  
FORWARD



BOTH  
HANDS  
TOGETHER



ME  
HELP  
YOU

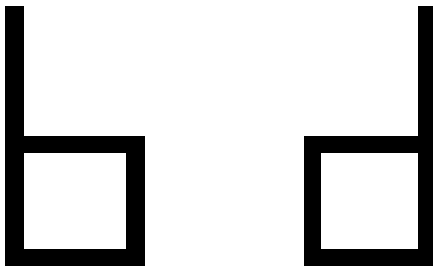
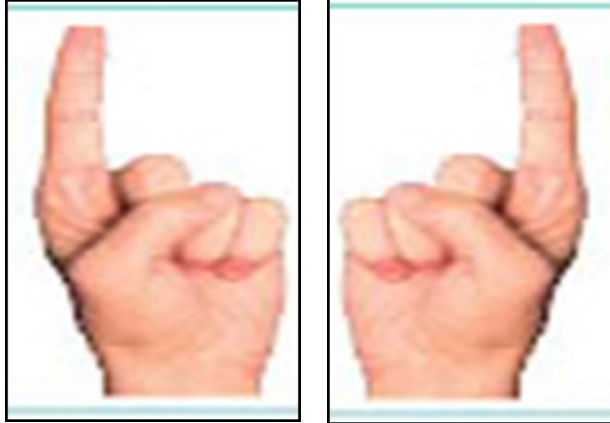
Movement  
forward carries  
both ME & YOU  
implied

# Numbers – One (1)



**ONE (1)**

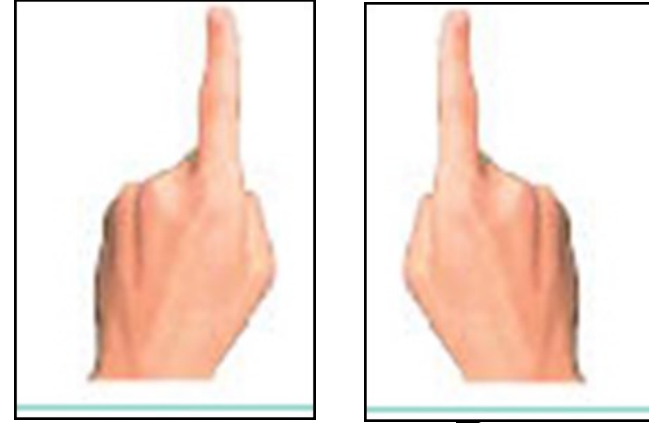
PALM Toward Signer,  
Index fingers pointed UP



Hand is WHITE

Write WHITE Squares with INDEX Finger  
VERTICAL

PALM Away from Signer.  
Index Finger pointed UP

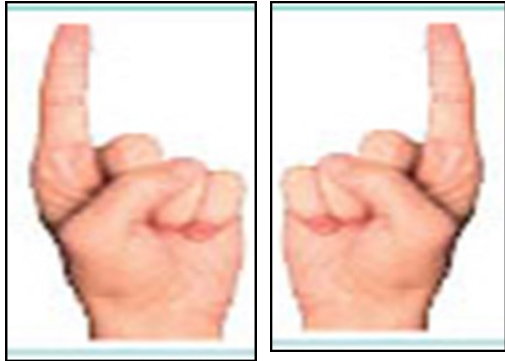


Hand is DARK

Write DARK squares with INDEX finger  
VERTICAL

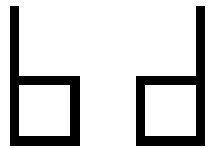
# VERBS – COME and GO

PALM  
Toward  
Signer,  
Index  
fingers  
pointed UP



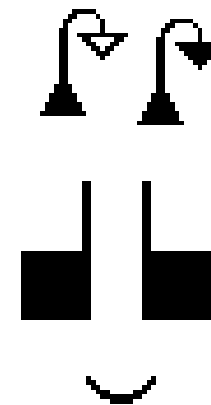
PALM Away  
from  
Signer.  
Index  
Finger  
pointed UP

LEFT HAND is  
WHITE  
(toward  
Signer)



RIGHT HAND  
is WHITE  
(toward  
Signer)

LEFT  
Movement  
arrow is up  
and then  
away from  
speaker  
(WHITE  
wedge)



RIGHT  
Movement  
arrow is up  
and then  
away from  
speaker  
(BLACK  
wedge)

LEFT  
Movement  
arrow is up  
and then  
toward  
speaker  
(WHITE  
wedge)



RIGHT  
Movement  
arrow is up  
and then  
toward  
speaker  
(BLACK  
wedge)

LEFT Hand is  
DARK (away  
from signer)

RIGHT Hand is  
DARK (away  
from signer)

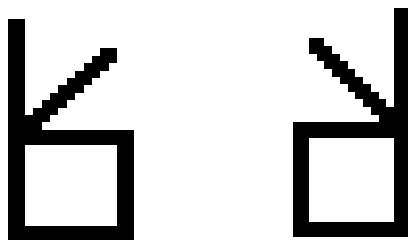
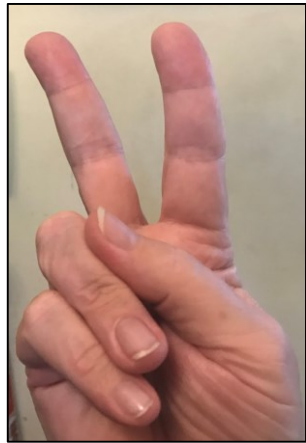
# Numbers – Two (2)



2-Hand PALM Toward Signer

**TWO (2)**

2-HAND PALM Away from Signer



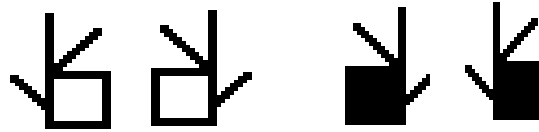
Hand is WHITE



Hand is DARK

Write INDEX and MIDDLE finger pointed UP. The middle finger is drawn diagonally.

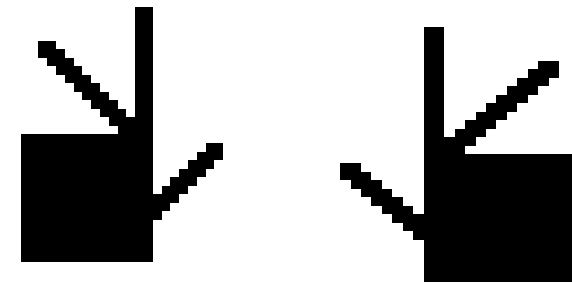
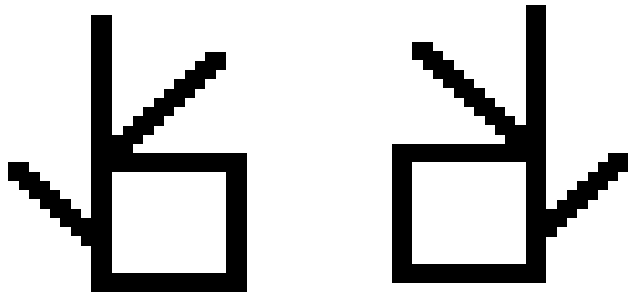
# Numbers – Three (3)



PALM Toward Signer

**THREE (3)**

PALM Away from Signer



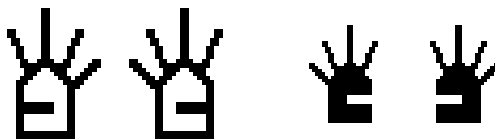
Hand is WHITE

Hand is DARK

Start with a WHITE square. Index and middle finger pointed UP.  
The middle finger is drawn diagonally.  
The Thumb is drawn diagonally to the side.

Start with a DARK square. Index and middle finger pointed UP.  
The middle finger is drawn diagonally.  
The Thumb is drawn diagonally to the side.

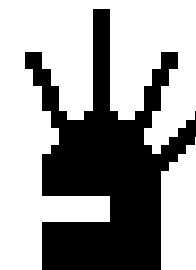
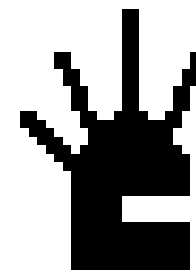
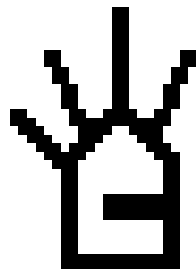
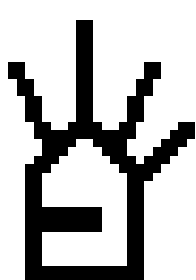
# Numbers – Four (4)



PALM Toward Signer

**Four (4)**

PALM Away from Signer



Hand is WHITE

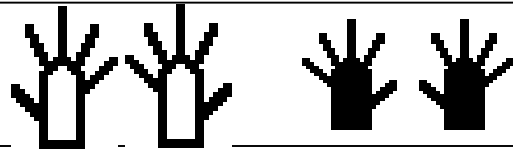
Hand is DARK

Start with a WHITE House Shape – Middle Finger is straight up, Index is diagonal on thumb side top, ring and small finger are diagonals on other side.  
Thumb is line across the hand to middle.

Start with a DARK House Shape – Middle Finger is straight up, Index is diagonal on thumb side top, ring and small finger are diagonals on other side.  
Thumb is white scoop across the dark palm. .

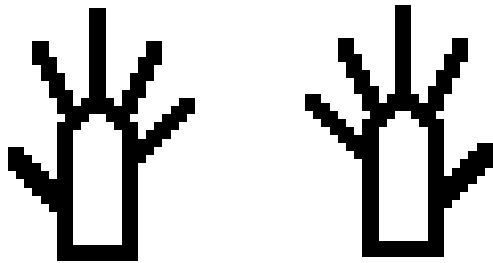


# Numbers – Five (5)



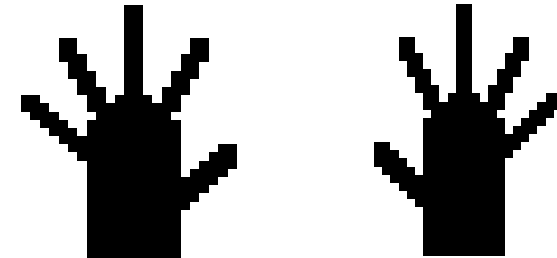
**Five (5)**

PALM Toward Signer



Hand is WHITE

PALM Away from Signer



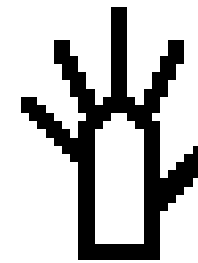
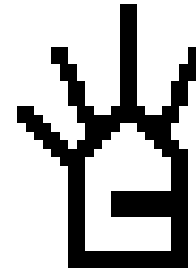
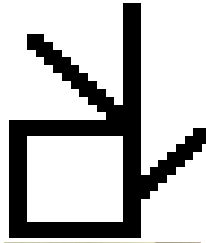
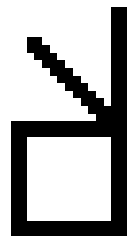
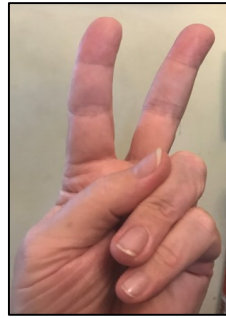
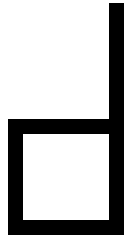
Hand is DARK

Start with a WHITE House Shape – Middle Finger is straight up,  
Index is diagonal on thumb side, ring and small finger are  
diagonals on other side of top..  
Thumb is diagonal on straight edge. .

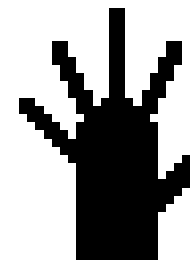
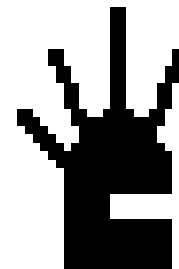
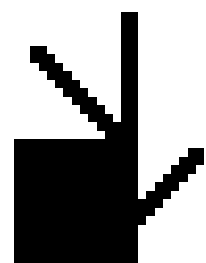
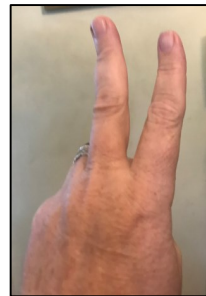
Start with a DARK House Shape – Middle Finger is straight up,  
Index is diagonal on thumb side, ring and small finger are  
diagonals on other side of top..  
Thumb is diagonal on straight edge.

# REVIEW – One (1), Two (2), Three (3), Four (4), Five (5)

LRFT  
HAND  
PALM  
TOWARD  
SIGNER

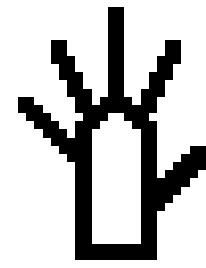
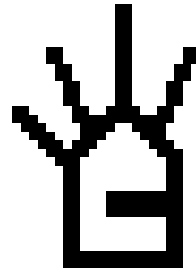
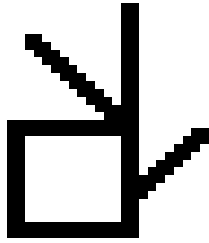
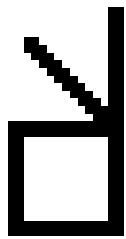
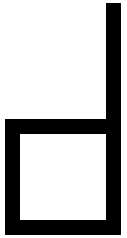


LEFT  
HAND  
PALM  
AWAY  
FROM  
SIGNER

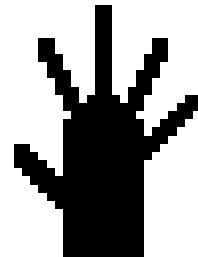
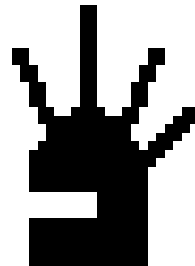
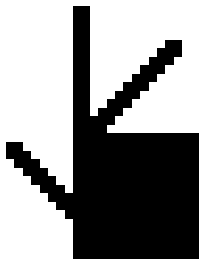
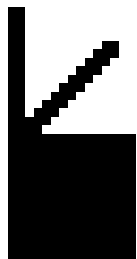


REVIEW – One (1), Two (2), Three (3), Four (4), Five (5)

RIGHT  
HAND  
PALM  
TOWARD  
SIGNER



RIGHT  
HAND  
PALM  
AWAY  
FROM  
SIGNER

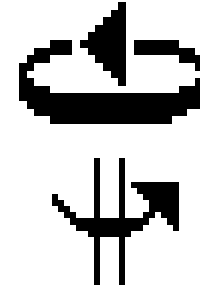
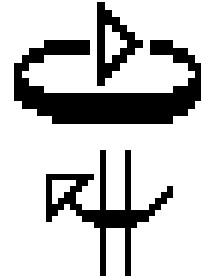
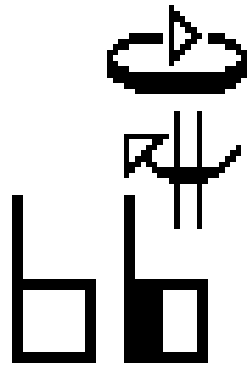


# Numbers – Only – ONE + CIRCLE FORWARD

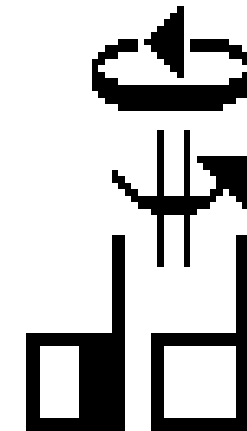
**ONLY**

Index Hand starts ON EDGE, circles to side and flips to FACING SIGNER.

LEFT INDEX



RIGHT INDEX



Write SQUARE half DARK and half WHITE, with WHITE Toward the Center, with index UP.

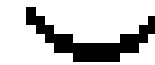
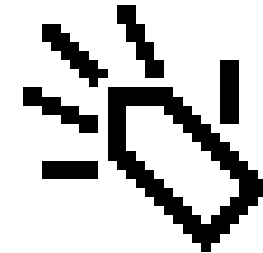
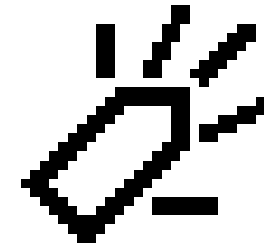
Add a second WHITE SQUARE with index pointed UP. Draw an oval with the arrow pointing left or right and the front of the circle darker. Write a flip with a double-line (WHITE for LEFT HAND or BLACK for RIGHT HAND), and a curve toward the signer.

# Movement in a Circle – HERE -



LEFT 5-HAND UP  
turned RIGHT  
toward CENTER.

RIGHT 5-HAND UP  
turned LEFT  
toward CENTER.



Circle with LEFT  
hand forward and  
toward center.

Circle with RIGHT  
hand forward and  
toward center.

HERE is a TWO-HANDED SIGN. The 5-hands face UP, and FORWARD away from the Signer. The TWO HANDS move AT THE SAME TIME in circles opposite each other forward and back toward the signer.

SIMULTANEOUS LINE

# Numbers - Two of Us – HERE + 2 - SINGLE-HAND

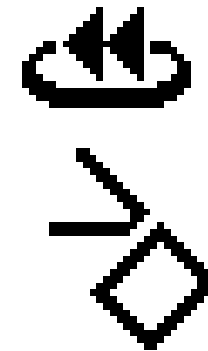
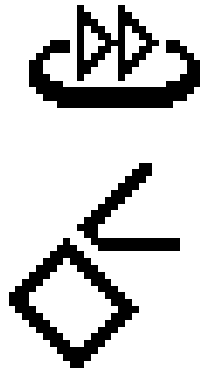
## TWO OF US

2-Hand facing UP and AWAY from SIGNER turned  $\frac{1}{4}$  toward CENTER, rotates twice FORWARD and toward the CENTER of the Signing Space.

LEFT 2-HAND, UP,  
FORWARD, TURNED RIGHT



RIGHT 2-HAND . UP,  
FORWARD, TURNED LEFT



Write WHITE Rectangle turned 45 degrees toward the center, with a gap for the INDEX FINGER forward parallel to side away from the CENTER, and the middle finger as a diagonal starting at the foot of the index toward the CENTER. Write an oval darker on the side closer to the signer, with two arrows pointing diagonally toward the signer.

# Numbers – Three of Us – HERE + 3 hand – Single Hand

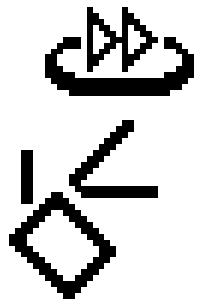
## THREE OF US

3-Hand facing UP and AWAY from SIGNER turned  $\frac{1}{4}$  toward the center, rotates moves twice FORWARD and toward the CENTER of the Signing Space.

LEFT 3-HAND UP,  
turned  $\frac{1}{4}$  turn  
toward CENTER



RIGHT 3-HAND UP  
turned  $\frac{1}{4}$  turn  
toward CENTER



Write WHITE Rectangle turned 45 degrees toward the CENTER with a gap for the INDEX FINGER forward parallel to side away from the CENTER, the middle finger as a diagonal starting at the foot of the index toward the CENTER, and the THUMB as a diagonal line with a gap on the side of the rectangle away from the CENTER.

# Numbers – Four of Us – HERE + 4-hand – Single Hand

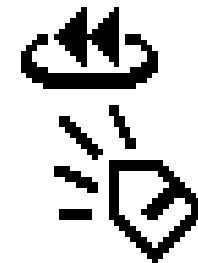
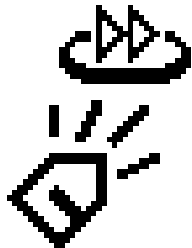
## FOUR OF US

4-Hand facing UP and AWAY from SIGNER turned  $\frac{1}{4}$  toward the CENTER, rotates twice FORWARD and toward the CENTER of the Signing Space.

LEFT 5-HAND UP  
turned  $\frac{1}{4}$  turn right



RIGHT 4-HAND UP  
turned  $\frac{1}{4}$  turn left



Write WHITE House Shape turned 45 degrees toward the CENTER. Write the MIDDLE finger with a GAP is in the center for perspective. The INDEX is diagonal from the top SIDE above the THUMB, the RING FINGER and LITTLE FINGER are opposite toward the center of the Signing Space. The THUMB is drawn as a horizontal line inward on the palm half way. Write an oval, darker toward the signer with two arrows (WHITE for LEFT hand, DARK for RIGHT hand).



# Numbers – Five of Us – HERE + 5 – Single Hand

## FIVE OF US

5-Hand facing UP and AWAY from SIGNER turned  $\frac{1}{4}$  toward the CENTER, rotates twice FORWARD and toward the CENTER of the Signing Space.

LEFT 5-HAND UP,  
turned  $\frac{1}{4}$  toward  
CENTER

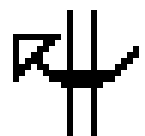


RIGHT 5-HAND UP  
turned  $\frac{1}{4}$  turn to  
CENTER

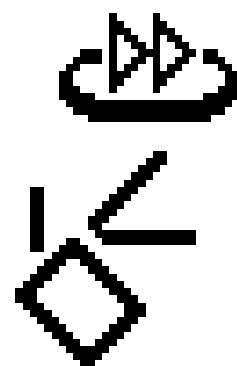
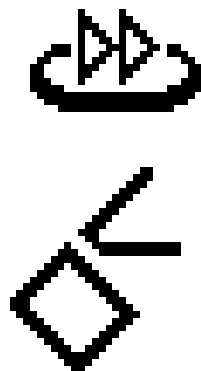
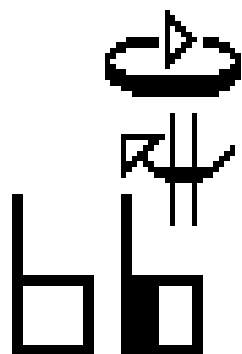


Write WHITE HOUSE shape turned 45 degrees toward the CENTER. Write the MIDDLE Finger with a gap to indicate perspective from the center of the TOP of the HOUSE. Write the THUMB on the side away from the CENTER. The INDEX is above the THUMB written with a GAP next to the ROOF of the HOUSE. The RING FINGER parallels the INDEX, with the LITTLE FINGER out from the POINT with a GAP toward the CENTER.

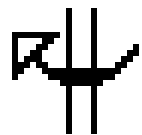
# Review - Only, Two of Us, Three of Us, Four of Us, Five of Us



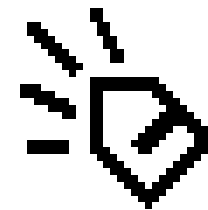
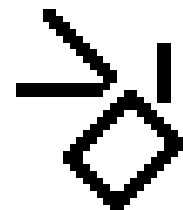
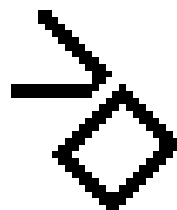
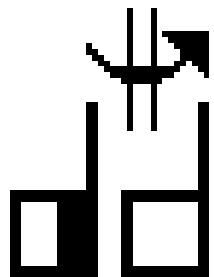
LEFT  
HAND



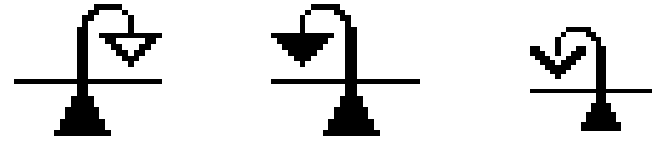
# Review - Only, Two of Us, Three of Us, Four of Us, Five of Us



RIGHT  
HAND

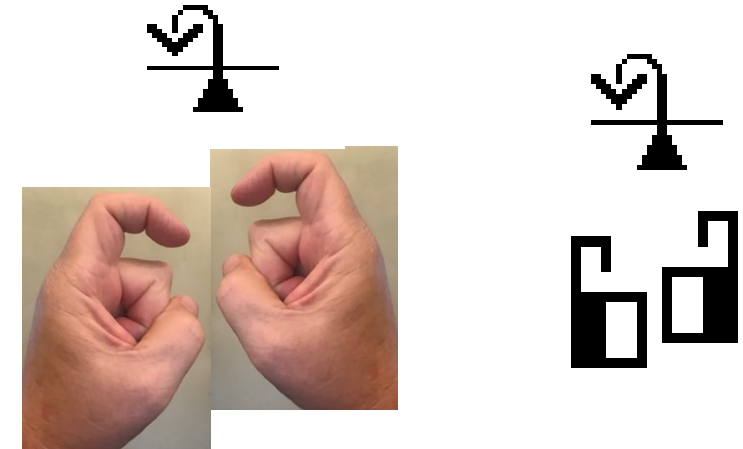
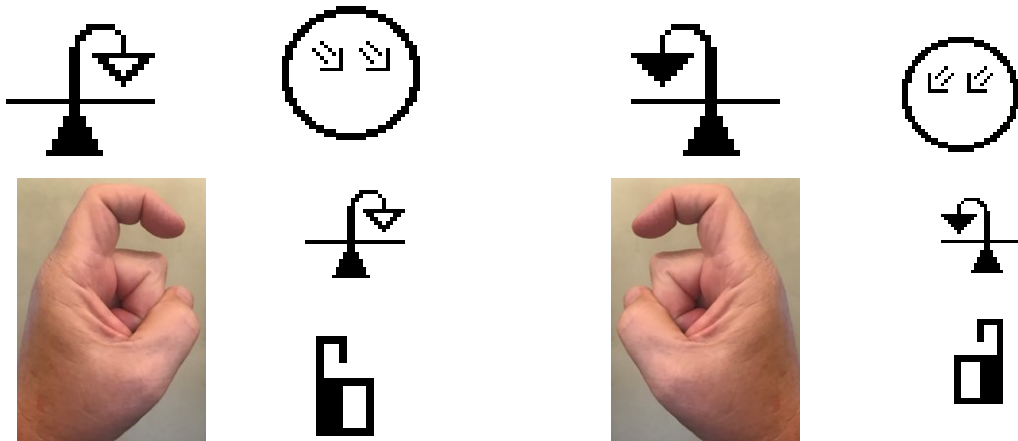


# Numbers – GIFT & PRIZE



**GIFT** – The crooked index finger moves toward the recipient. Imagine you are handing someone a cup of tea to drink.

**PRIZE** – two-crooked fingers held facing each other move forward together – A PRIZE is a gift with BOTH HANDS.



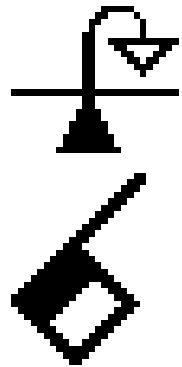
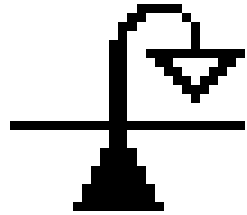
WRITE LEFT crooked index finger, with black to LEFT side. Draw LEFT (White Arrow) up and forward toward center with a line as the hand rotates FORWARD. The FACE (optional) shows where the recipient is.

WRITE RIGHT crooked index finger, with black to RIGHT side. Draw LEFT (White Arrow) up and forward toward center with a line as the hand rotates FORWARD. The FACE (optional) shows where the recipient is)

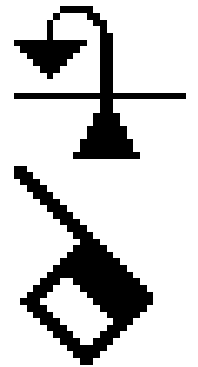
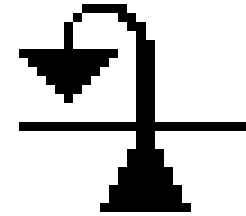
WRITE LEFT & RIGHT crooked index fingers touching each other, with BLACK halves on outside. Movement is SINGLE line with WEDGE arrow (not WHITE OR BLACK for both hands IN SAME PATH UP AND FORWARD with rotation from wrist

# Numbers – FIRST (1<sup>st</sup> Prize) – GIFT + 1

LEFT 1-hand on edge tilted to RIGHT side flips over forward.



RIGHT 1-hand on edge tilted to LEFT side flips over forward.

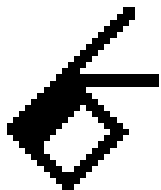
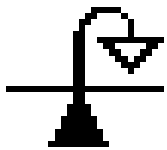
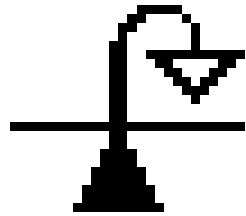


WRITE LEFT 1-hand on edge split half-half with black to LEFT. tilted to RIGHT side flips over forward. Write WHITE arrow forward with line across center to show LEFT hand flips.

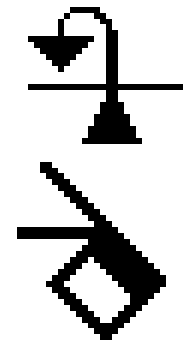
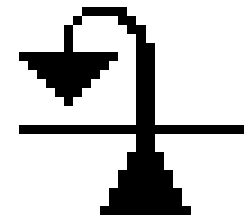
WRITE RIGHT 1-hand on edge split half-half with black to RIGHT. tilted to LEFT. Then write BLACK arrow forward with line across center to show that RIGHT hand flips.

# Numbers – SECOND (2<sup>nd</sup> Prize) – GIFT + 2

LEFT 2-HAND on edge tilted to RIGHT side  
flips over forward.



RIGHT 2-HAND on edge tilted to LEFT side  
flips over forward.

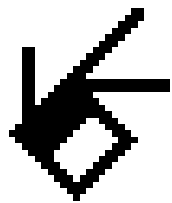
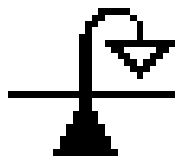
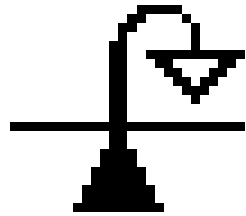


WRITE LEFT 2-HAND on edge split half-half with black  
to LEFT. tilted to RIGHT side flips over forward. Write  
WHITE arrow forward with line across center to show  
LEFT hand flips.

WRITE RIGHT 2-HAND on edge split half-half with  
black to RIGHT. tilted to LEFT. Then write BLACK arrow  
forward with line across center to show that RIGHT  
hand flips.

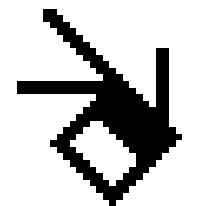
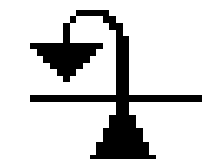
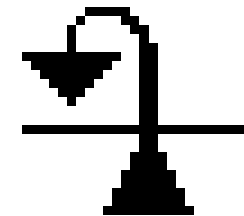
# Numbers – THIRD (3<sup>nd</sup> Prize) – GIFT + 3

LEFT 3-hand on edge tilted to RIGHT side  
flips over forward.



WRITE LEFT **3**-hand on edge split half-half with black  
to LEFT. tilted to RIGHT side flips over forward. Write  
WHITE arrow forward with line across center to show  
LEFT hand flips.

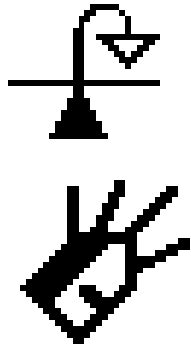
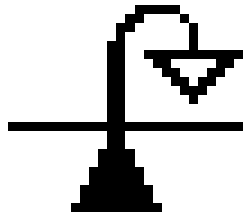
RIGHT 3-hand on edge tilted to LEFT side  
flips over forward.



WRITE RIGHT 3-hand on edge split half-half with black  
to RIGHT. tilted to LEFT. Then write BLACK arrow  
forward with line across center to show that RIGHT  
hand flips.

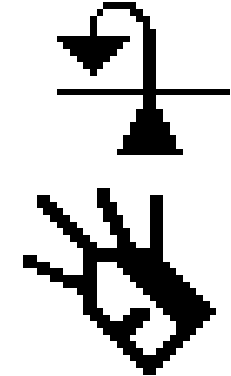
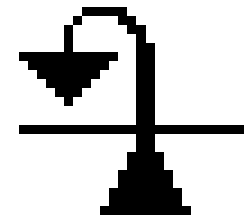
# Numbers – FOURTH (4th Prize) – GIFT + 4

LEFT 4-hand on edge tilted to RIGHT side  
flips over forward.



WRITE LEFT 4-hand on edge split half-half with black  
to LEFT. tilted to RIGHT side flips over forward. Write  
WHITE arrow forward with line across center to show  
LEFT hand flips.

RIGHT 4-hand on edge tilted to LEFT side  
flips over forward.

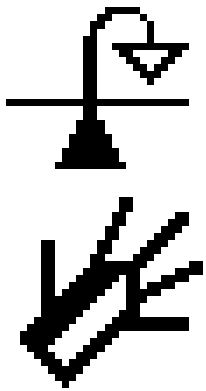
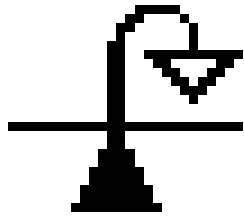


WRITE RIGHT 4-hand on edge split half-half with black  
to RIGHT. tilted to LEFT. Then write BLACK arrow  
forward with line across center to show that RIGHT  
hand flips.



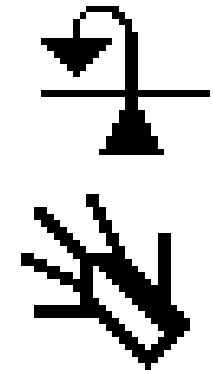
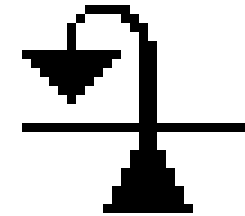
# Numbers – FIFTH (5th Prize) – GIFT + 5

LEFT 5-hand on edge tilted to RIGHT side  
flips over forward.



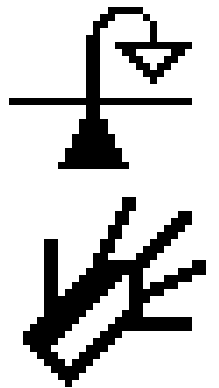
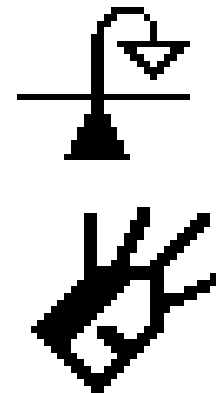
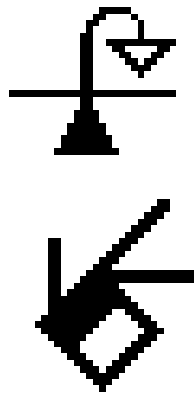
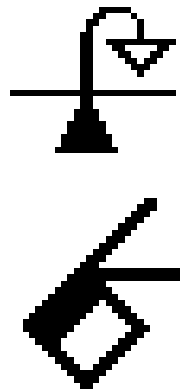
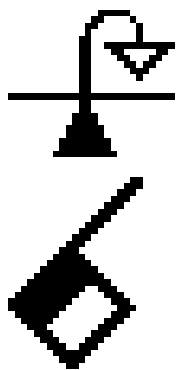
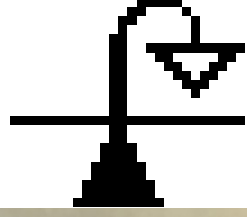
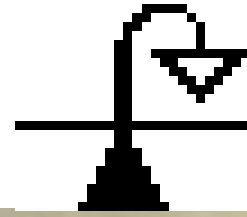
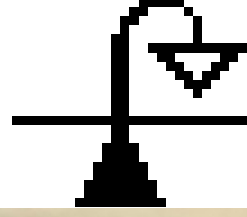
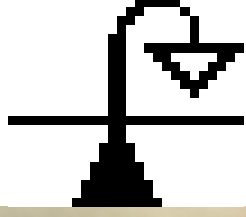
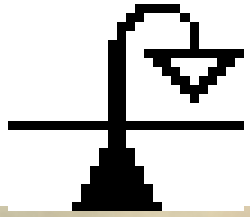
WRITE LEFT 5-hand on edge split half-half with black  
to LEFT. tilted to RIGHT side flips over forward. Write  
WHITE arrow forward with line across center to show  
LEFT hand flips.

RIGHT 5-hand on edge tilted to LEFT side  
flips over forward.

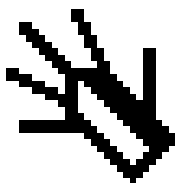
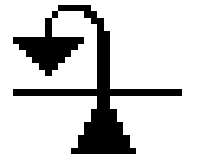
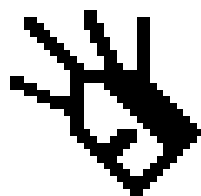
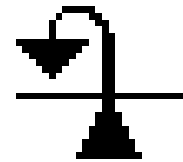
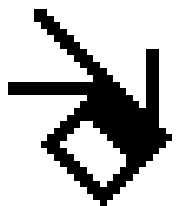
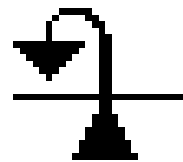
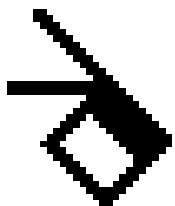
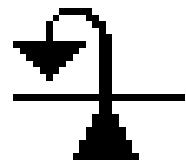
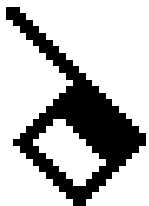
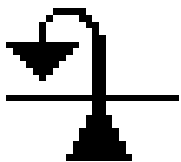
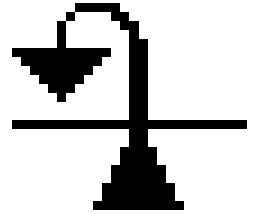
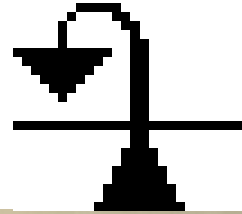
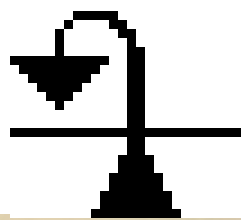
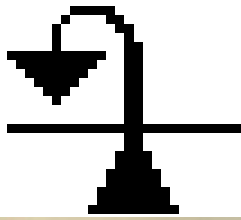
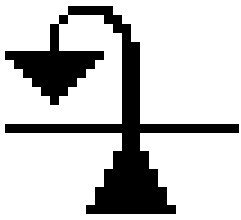


WRITE RIGHT 5-hand on edge split half-half with black  
to RIGHT. tilted to LEFT. Then write BLACK arrow  
forward with line across center to show that RIGHT  
hand flips.

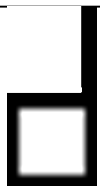
REVIEW – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> (RANK) (LEFT HAND)



REVIEW – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> (RANK) (RIGHT HAND)



PRONOUNS – INDEX



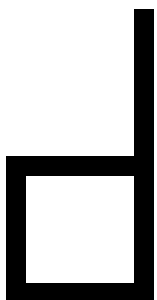
FLAT HAND



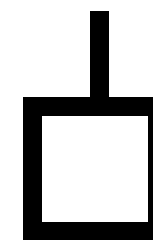
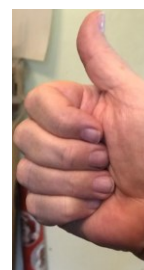
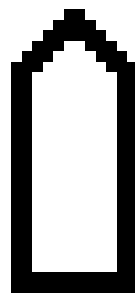
FIST+THUMB



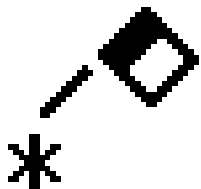
Index  
Finger



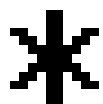
Flat  
Hand



Fist Plus  
Thumb  
Extended  
Facing  
Signer

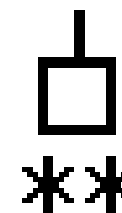


Index hand rotates  
to indicate  
Subject/ Object



Flat Hand  
rotates to  
indicate  
POSSESSION

Flat hand touches chest once.

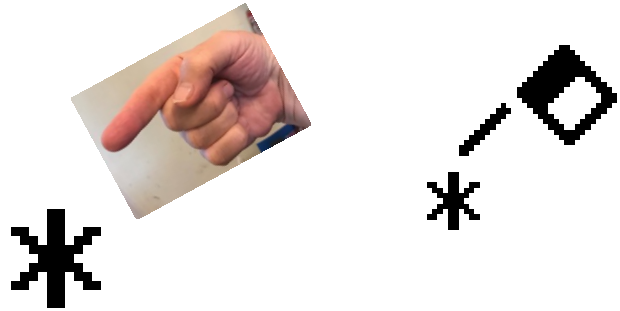


Thumbs-up  
indicates  
REFLECTION - SELF

Fist with palm Facing Reader  
touches the signer's chest twice.

# PRONOUNS - ME/I, MY/MINE, MYSELF

RIGHT HAND



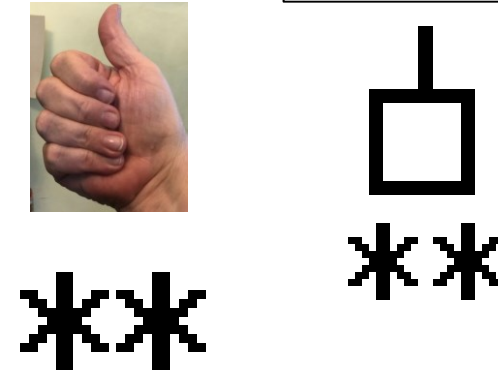
ME, I

RIGHT HAND



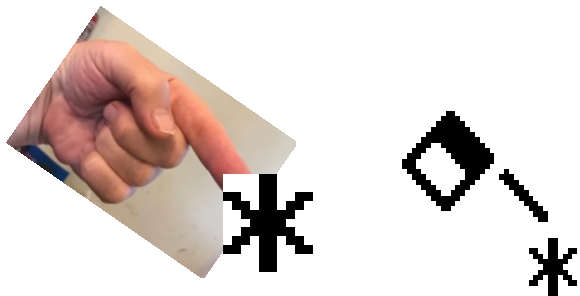
MY/MINE

RIGHT HAND

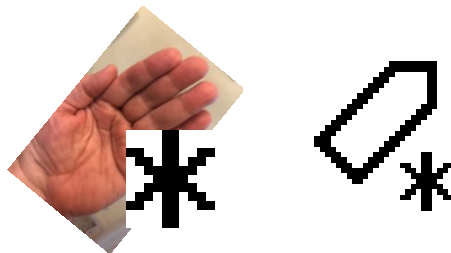


MYSELF

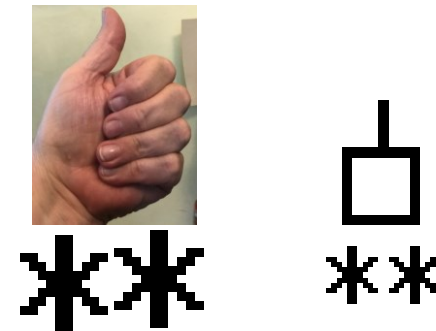
LEFT HAND



LEFT HAND



LEFT HAND



Index finger touches chest. The finger has a gap to show it's pointing toward the signer.

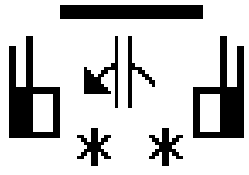
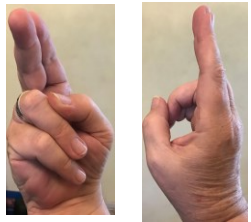
Flat hand touches chest once.

Fist with palm Facing Reader touches the signer's chest twice.

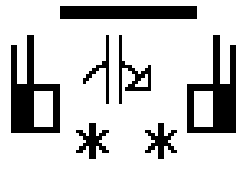
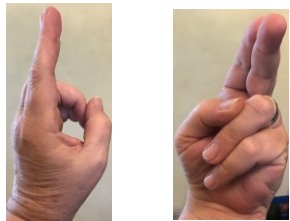
# PRONOUNS - WE, US, OUR, OURS, OURSELVES



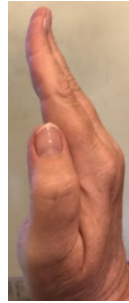
WE, US



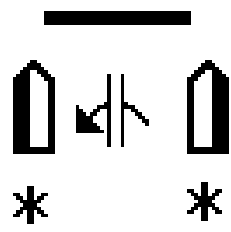
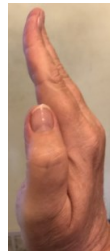
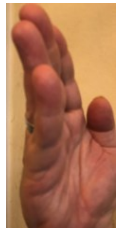
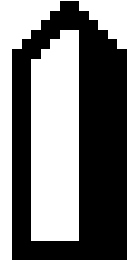
US



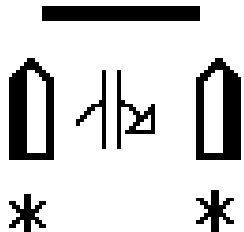
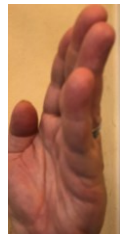
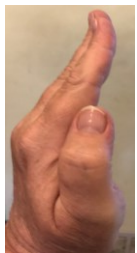
The line means the shoulder line. The U hand moves out and flips over.



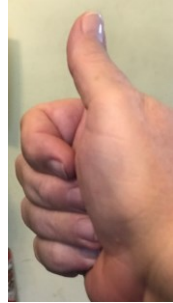
Flat Hand Edge On



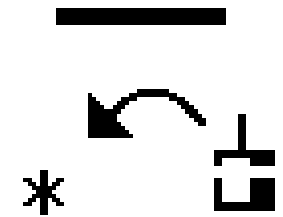
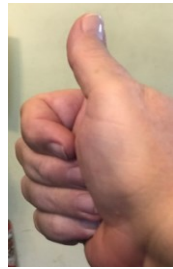
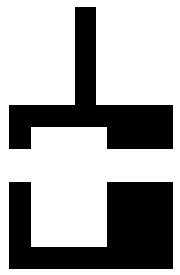
OURS



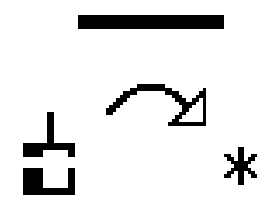
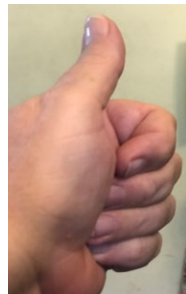
Flat hand on edge rotates while moving across the body.



Fist + Thumb Extended Forward

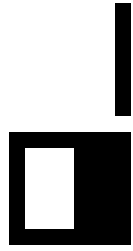
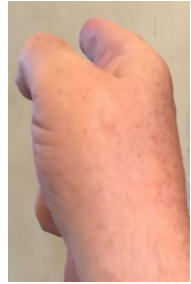


OURSELVES

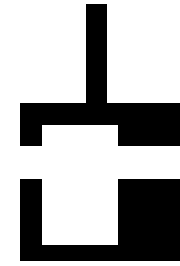


The Thumb extended faces forward on edge. FIST is SPLIT to show FORWARD perspective.

# PRONOUNS – (singular) YOU YOUR, YOURS, YOURSELF



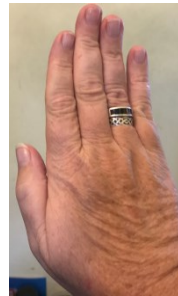
Flat  
Hand  
Facing  
Away



Thumb  
Extended  
Forward



YOU



YOUR,  
YOURS



YOUR-  
SELF

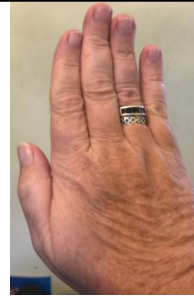
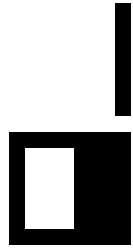
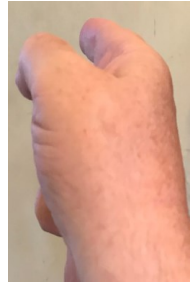


Note the finger has a gap showing that it points forward, not UP,

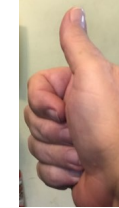
The Thumb moves forward twice with emphasis. The mouth shows tension.

Flat hand on edge rotates while moving across the body.

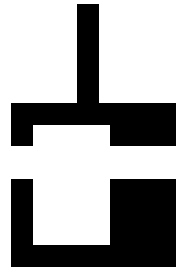
# PRONOUNS – (plural) YOU, YOUR, YOURS, YOURSELVES



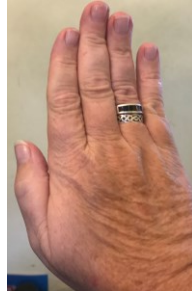
Flat  
Hand  
Facing  
Away



Thumb  
Extended  
Forward



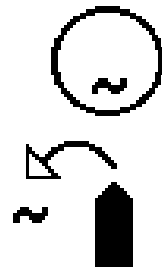
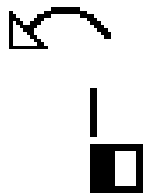
YOU  
Plural)



YOUR,  
YOURS



YOUR-  
SELVES



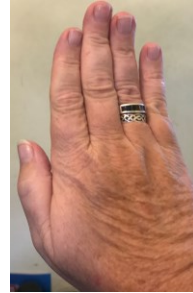
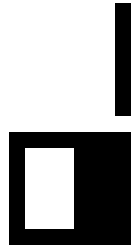
The index points left or right forward and sweeps left or right.

The Thumb moves forward twice with emphasis. The mouth is tense.

Flat hand on edge foes out and across with tension. Mouth shows tension.



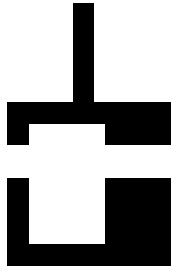
# PRONOUNS - YOU ALL, ALL OF YOURSELVES, ALL OF YOURS



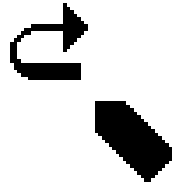
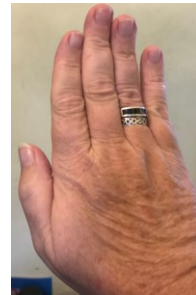
Flat  
Hand  
Facing  
Away



Thumb  
Extended  
Forward



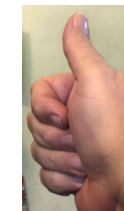
YOU  
ALL



ALL OF  
YOURS



ALL OF  
YOUR-  
SELVES

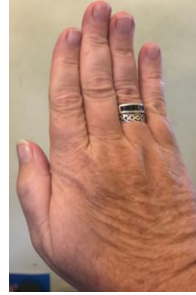
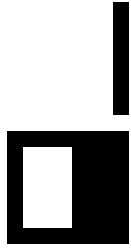


The index points left or right forward and sweeps left or right.

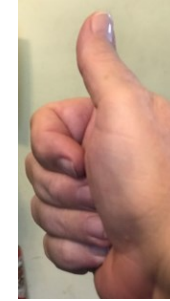
Flat hand on edge foes out and across.

The Thumb moves out and across. Mouth is tense.

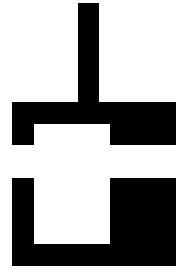
# PRONOUNS - EACH OF YOU, EACH OF YOURSELVES, EACH OF YOURS



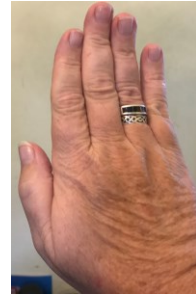
Flat Hand  
Facing Away



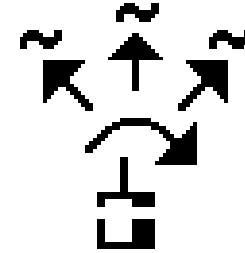
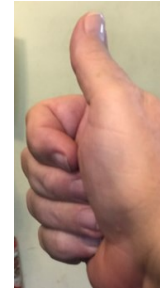
Thumb  
Extended  
Forward



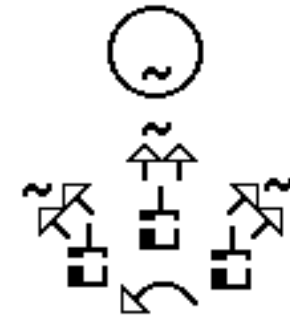
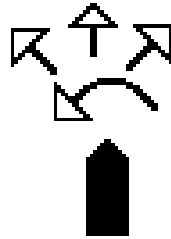
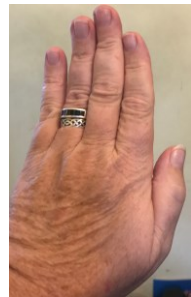
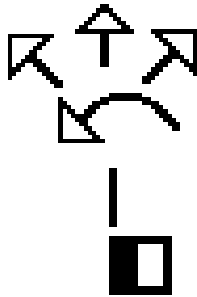
EACH  
OF  
YOU



EACH OF  
YOURS



EACH OF  
YOUR-  
SELVES



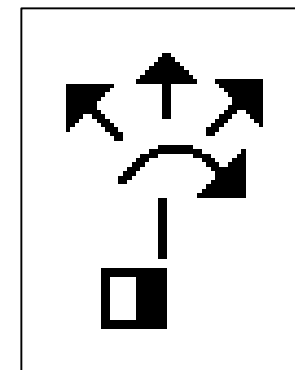
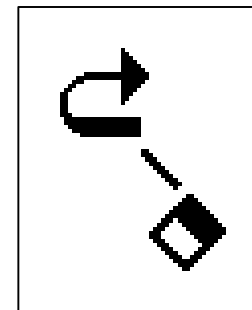
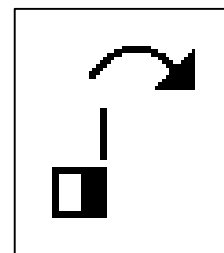
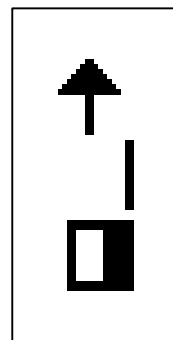
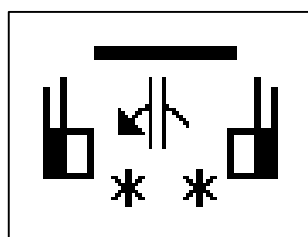
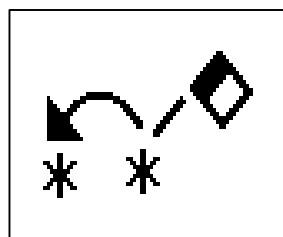
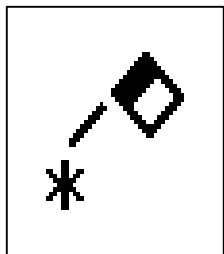
The index points across, and forward three times.

Flat hand on edge moves out and across and three times forward.

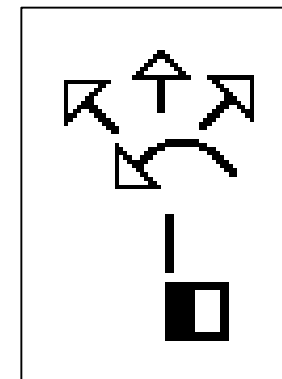
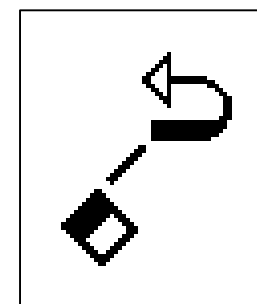
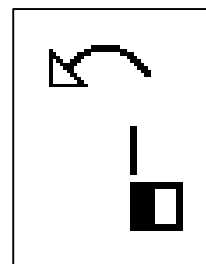
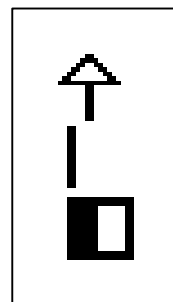
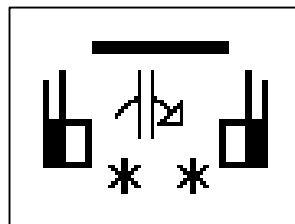
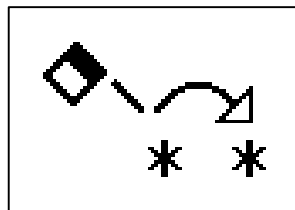
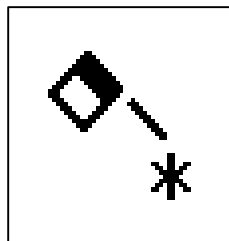
The Thumb moves around to right and three times forward. Mouth is tense.

# PRONOUNS - REVIEW - ME/I, WE/US, YOU/ALL OF YOU/EACH OF YOU

RIGHT  
HAND

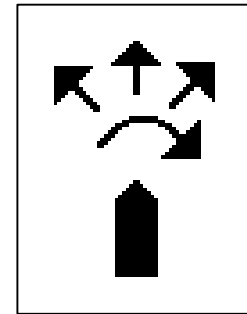
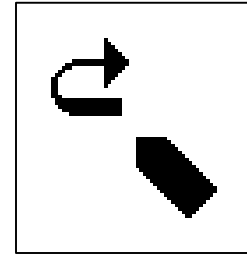
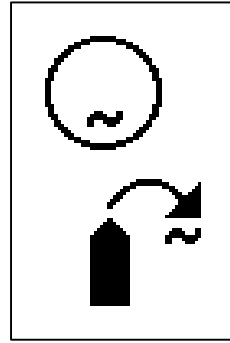
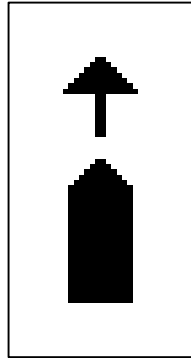
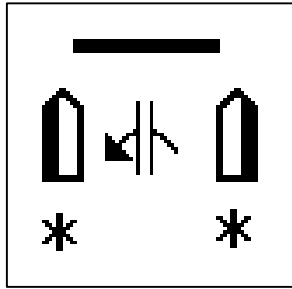
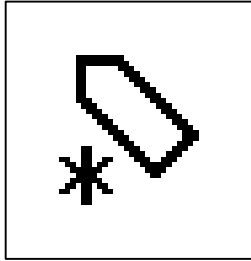


LEFT  
HAND

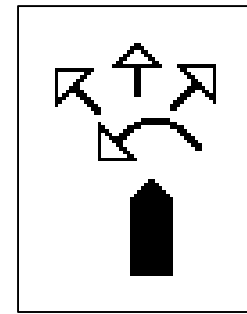
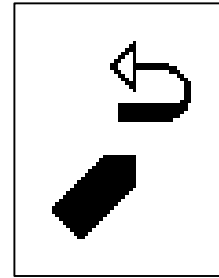
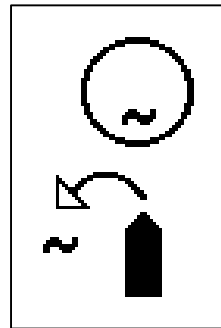
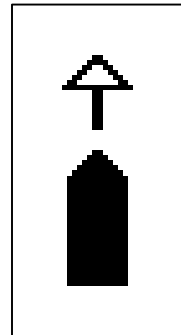
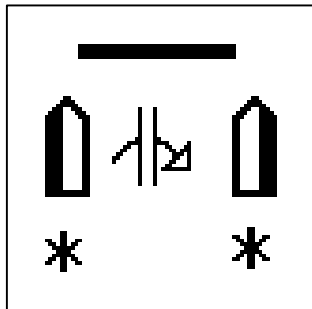
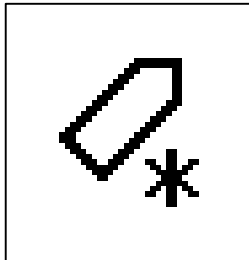


PRONOUNS - REVIEW – MINE/MY, OUR/OURS, YOUR/YOURS,  
ALL OF YOURS, EACH OF YOURS

RIGHT  
HAND

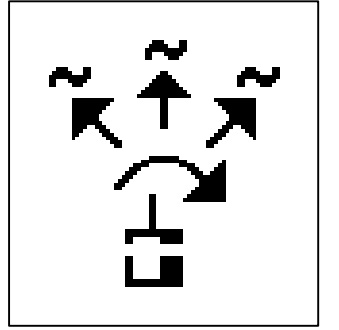
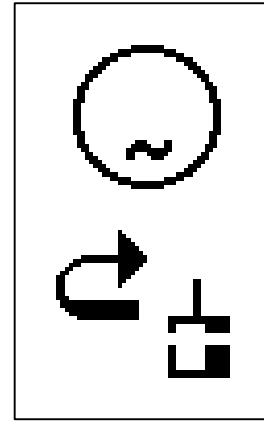
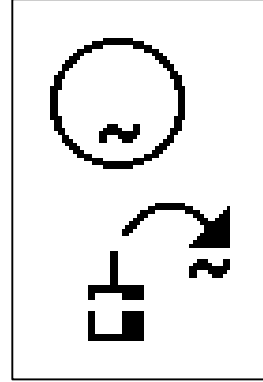
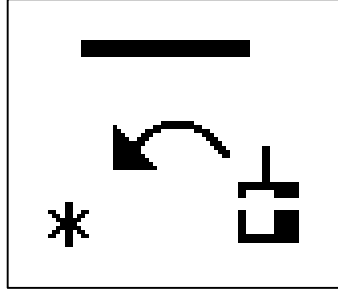
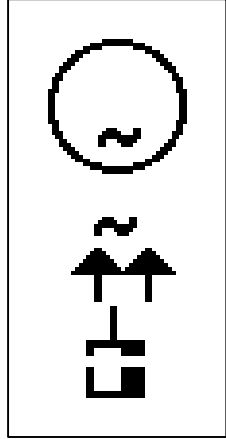
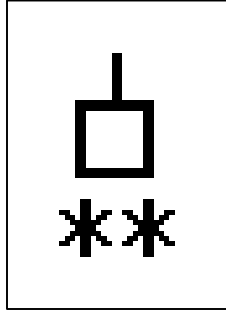


LEFT  
HAND

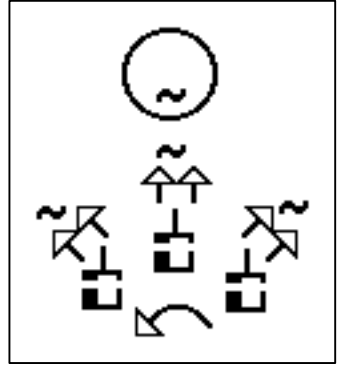
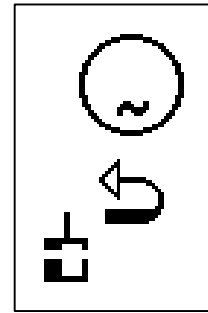
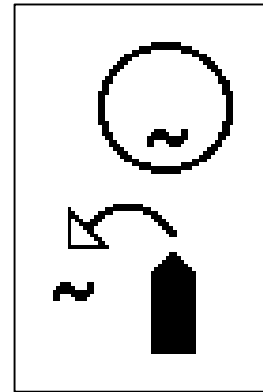
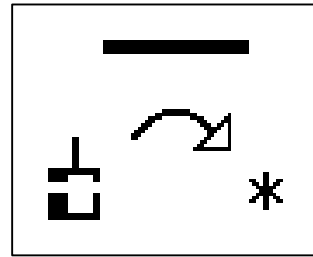
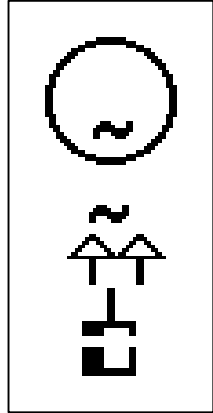
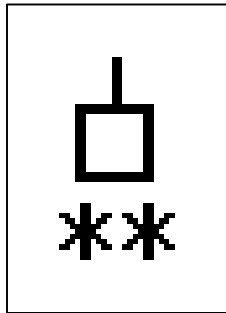


PRONOUNS - REVIEW – MYSELF, OURSELVES, YOURSELF, YOURSELVES,  
ALL OF YOURSELVES, EACH OF YOURSELVES

RIGHT  
HAND



LEFT  
HAND



# Lesson 1 – REVIEW - NUMBERS & PRONOUNS - 110 SIGNS

S, YES, CAN, MILK, COFFEE,  
ONE\*, SELF, OTHER, MOVE AWAY, MEET  
ONE (1), TWO (2), THREE (3), FOUR (4), FIVE (5)  
HERE, ONLY. 2 OF US, 3 OF US. 4 OF US, 5 OF US  
GIFT, PRIZE, FIRST (1<sup>st</sup>), SECOND (2<sup>nd</sup>), THIRD (3<sup>rd</sup>),  
FOURTH (4<sup>th</sup>), FIFTH (5<sup>th</sup>) (PRIZE)  
(All of the above with either hand)

\*NOTE English Translations are in ALL CAPS.

COME, GO,  
HELP,  
ME HELP YOU

ME, I, MINE, MY, MYSELF, WE, US, OUR,  
OURS, OURSELVES.

(INDEX, U, FLAT HAND. 10 HAND)

YOU, YOURS, YOURSELF

YOU (PLURAL, ), YOURS (PLURAL),  
YOURSELVES (PLURAL),

ALL OF YOU, ALL OF YOURS, ALL OF  
YOURSELVES

EACH OF YOU,, EACH OF YOURS, EACH OF  
YOURSELVES

(All of the above with either hand)

\*NOTE English Translations are in ALL CAPS.